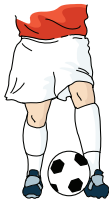


# Cross it like Giggs



1 Approach and place your non-kicking foot by the side of the ball



2 Strike on the side of the ball with instep



3 Make contact below the mid-line of the ball to force it upward and follow through



Foundation

KUMHO TYRES



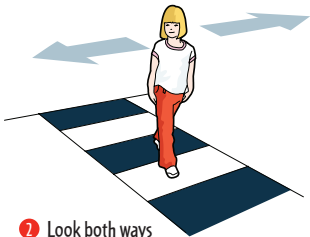
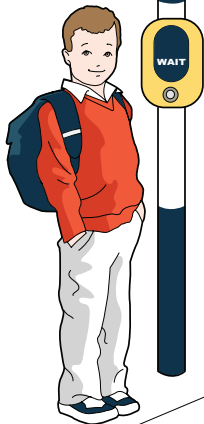
GREATER MANCHESTER  
POLICE



# Cross safely



- 1 Stop and find a safer place to cross



- 2 Look both ways

- 3 Listen out for traffic



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