

Be seen, be aware with Vidic



1 When you're a defender, your first priority is to defend



2 Concentrate and make sure you and your team-mates work together



3 Be big, be positive, be strong and be seen



Foundation

KUMHO TYRES



GREATER MANCHESTER
POLICE



Be seen at night

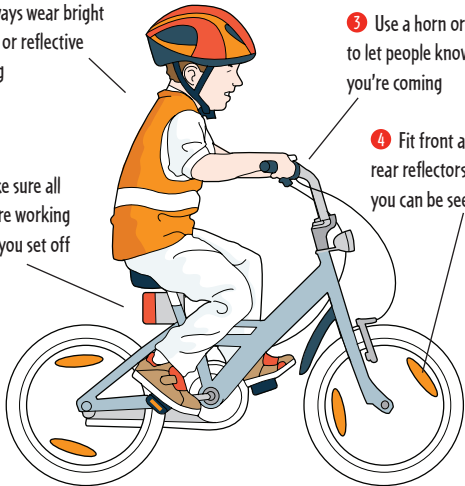


1 Always wear bright colours or reflective clothing

2 Make sure all lights are working before you set off

3 Use a horn or bell to let people know you're coming

4 Fit front and rear reflectors so you can be seen



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